

# PARENT GUIDE

## STRONG

### **BIG IDEA:**

God gives His people strength.

### **VERSE:**

“Finally, be strong in the Lord and in his great power.” Ephesians 6:10 (ICB)

**WEEK 1:** God’s Plan for Samson (Judges 13:1-25)

**WEEK 2:** Samson and the Lion (Judges 13:24-25, 14:5-6)

**WEEK 3:** Samson Breaks the Ropes (Judges 15:8-15)

**WEEK 4:** Samson Destroys a Temple (Judges 16:21-23, 25-30)

This month’s focus is on Samson. Your kids will be learning that God is the source of our strength

### **PARENTS:**

You are the spiritual leaders of your home. Take time each week to talk with your kids about God, read from His Word, and pray together.

### **AT-HOME ACTIVITIES:**

- With your children, read the Scripture they’ll hear at church the following Sunday. If you prefer, read the stories from Bible storybooks. Ask questions like the following:
  - What do you notice about God?
  - How did God help Samson?
  - What other powerful things can God do?
  - What did you learn from this story?
  - What do you need God’s strength to do?
- This month, make a paper chain and add one “link” each day. On the link write a word or phrase that reminds you of something you need God to give you strength to do.
- Share with your children about a time when God gave you the strength to do something hard or to resist temptation.
- Memorize Ephesians 6:10 as a family. Have your kids teach you the motions to the verse and recite it together every day.

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