

BOOK CLUB GUIDE- THE WELL WATERED WOMAN BY GRETCHEN SAFFLES

We suggest you gather some friends for a book club. Send invitations via phone call, email, mail, or text message. Provide a comfortable, safe, and confidential atmosphere where women feel welcome to share their thoughts, struggles, and victories.

Decide how you will pace your group through the different sections. You could break the chapters up and meet for a few different discussions or meet once to discuss the entire book.

Here are some discussion prompts to help guide you:

- 1.) Are there specific sections of the writing that resonated with you? What did you highlight or dog-ear?**
- 2.) What new revelations or thoughts did you receive that were helpful?**
- 3.) What was your main takeaway for his section?**
- 4.) Did the scripture references encourage you to dive deeper into the content?**
- 5.) What did you read or learn that you could practically apply to your life?**
- 6.) What Bible stories or references support the thoughts of the book?**
- 7.) How frequently do you encounter the issues that were discussed in this book?**
- 8.) Did the author influence your opinion on this topic? If so, how?**

Establish some boundaries where every woman feels free to share and respectfully allows everyone to respond to the discussion.

Our prayer is that the time you spend together in the book club will provide much-needed fellowship, interaction, encouragement, and growth for the women you've gathered.

If gathering in person is difficult, this book club could also be hosted virtually through Zoom, Facetime, or another virtual platform of your choice. We encourage you to make every effort to reach out to others during this time. We need Christian fellowship, and we are better together!