

The background is a solid bright orange color, densely populated with white line-art illustrations of various children's toys and objects. These include teddy bears, basketballs, rainbows, toy castles, baby strollers, crayons, and small stars. The drawings are scattered across the entire page, creating a playful and nostalgic atmosphere. In the center, there is a dark red rectangular box containing the title text.

**IPHC GIRLS' MINISTRIES
STARTER PACK**



The Importance of Gender-Specific Ministries

My ten-year-old climbed into the car with a scowl. Her usual, bubbly demeanor was overshadowed by frustration. She met my “How was your day?” with a big sigh, and it didn’t take long for her to describe how much “easier” life would be without “loud, bossy, gross boys.” As she talked, I couldn’t help but think two things: 1) those 4th-grade boys probably felt the same way about the girls, and 2) **boys and girls sure are different.**

Yes, boys and girls are different. We know this from Scripture and science. Our differences impact how we think, relate to others, and view the world. Thus, our boys and girls benefit from discipleship that works with our God-given identities. **Our discipleship plans should celebrate and work with how God made us – as males and females.**

Unfortunately, cultural changes over the last few years haven’t been kind to ministry that teaches boys and girls separately, and Covid only worsened things. As churches continue to struggle with which programs to retain, discipleship outside of the Sunday morning service has a high risk of being dropped (especially boys’ and girls’ ministries).

I appreciate that churches are hesitant to return to their old schedules. This crisis gives us a chance to reconsider what we offer, and running our families ragged is not the answer. Our people need time for sabbath rest, organic evangelism, and friendship. So, how do we know if separate ministries to girls and boys are needed or if they are just “one more thing?” And, if they are essential, what should they look like in your church? If you have thoughts like these, here are some questions to consider:

- **How does your church help children understand who they are in Christ?**
- **How will you lovingly counteract the false messages they hear about their identity?**
- **How do you acknowledge and meet the different needs of girls and boys (as well as men and women)?**
- **Is there an organized way for women to mentor girls and men to mentor boys? If so, how could it improve?**
- **How might you reimagine ministry to girls and boys so that you make the most of your time together?**
- **What constraints (time, money, volunteers, etc.) does your church have that must be considered before beginning or adapting a ministry to boys or girls?**

It is time to prayerfully consider how God is leading us to share the truth and hope of Christ with our boys and girls, and we are here to help! Let us know if the Holy Spirit has been speaking to you about beginning, restarting, or adapting a ministry to girls or boys. We will partner with you to disciple the children and youth of your church and community.

Kristi Cain
LifeSprings Resources
Director of Marketing and Development

IPHC GIRLS' MINISTRIES

VISION & VALUES

VISION

WE DESIRE

We desire to create intentional opportunities of ministry for girls who are becoming lifelong disciples of Jesus.

VALUE

2

CONNECTING

Connecting Women to Girls through
Mentoring
Relationships

VALUE

1

PARTNERING

Partnering with parents to create an environment of discipleship for their daughters.

VALUE

4

EQUIPPING

Equipping girls to live Spirit empowered lives of worship and service.

VALUE

3

EMPOWERING

Empowering girls to know God through His Word.

THINGS TO CONSIDER



IPHC GIRLS' MINISTRIES

Select the option that works best for your ministry.



IPHC GIRLS' CLUBS

This might be the right choice for your group if you have:

At least two adult leaders for each age group

Several girls in each age group 7-8

Multiple classrooms available

MPACT GIRLS CLUBS

MPact Girls is our #1 suggested club curriculum that traditionally features an achievement-based system, where girls work toward goals and receive recognition when they've completed them.

MPact also offers a non-achievement system that serves solely as a discipleship and mentoring program.

Check with your conference to see

SUNLIGHT KIDS
Birth-36 months

RAINBOWS
Preschool 3 & up

DAISIES
Kindergarten

PRIMS
1st-2nd Grade

STARS
3rd-5th Grade

TEEN GIRL MINISTRIES

Teen Girl Ministries is our #1 suggested club for teen girls. It is a group-based discipleship program following the Titus 2 model of mentorship. Girls will have the opportunity to connect with friends and hear God-centered teachings from a sincere leader and grow deeper in Christ.

The goal of TGM is simple: To see every girl moving toward a deep relationship with Jesus Christ, and to realize her importance and to potential in the kingdom of God.

FRIENDS
6th-8th Grade

GIRLS ONLY
9th-12th Grade

GEMS GIRLS CLUBS

This is another club formatted program for girls. For over 60 years GEMS has provided relevant resources to equip moms, mentors, and ministry leaders to understand the challenges girls face today.

GEMS will equip you to help your girl embrace the Truth that she is loved by God—no matter what.

AWARENESS LEVEL
Grades 1-3

DISCOVERY LEVEL
Grades 4-6

ADVANCED LEVEL
Grades 7-8

COUNSELORS-IN-TRAINING
High School

WEEKLY GROUPS

IPHC Girls' Ministries | One Year Sample Calendar (August-July)

AUGUST	ELEMENTARY	MIDDLE/HIGH SCHOOL
Week 1	OFF	OFF
Week 2	Welcome Back Night! Community-Building Activities	Welcome Back Night! Community-Building Activities
Week 3	Lesson 1 "Unseen: The Armor of God for Kids"	Lesson 1 "The Armor of God"
Week 4	Lesson 2 "Unseen: The Armor of God for Kids"	Lesson 2 "The Armor of God"
SEPTEMBER	ELEMENTARY	MIDDLE/HIGH SCHOOL
Week 1	Lesson 3 "Unseen: The Armor of God for Kids"	Lesson 3 "The Armor of God"
Week 2	Lesson 4 "Unseen: The Armor of God for Kids"	Lesson 4 "The Armor of God"
Week 3	Lesson 5 "Unseen: The Armor of God for Kids"	Lesson 5 "The Armor of God"
Week 4	Lesson 6 "Unseen: The Armor of God for Kids"	Lesson 6 "The Armor of God"
OCTOBER	ELEMENTARY	MIDDLE/HIGH SCHOOL
Week 1	Lesson 7 "Unseen: The Armor of God for Kids"	Lesson 7 "The Armor of God"
Week 2	Service Project Night	Service Project Night
Week 3	Lesson 1 "The Gospel: God's Plan for Me"	Better Together: What is Discipleship (p. 17-20)
Week 4	Lesson 2 "The Gospel"	Better Together: Expectations for Discipleship (p. 21-24)
NOVEMBER	ELEMENTARY	MIDDLE/HIGH SCHOOL
Week 1	Lesson 3 "The Gospel"	Better Together: Hope for Discipleship (p. 25-28)
Week 2	Lesson 4 "The Gospel"	Better Together: Discipleship in the Local Church (p. 29-32)
Week 3	OFF (Thanksgiving Break)	OFF (Thanksgiving Break)
Week 4	Lesson 5 "The Gospel"	Better Together: Discipleship is Long-Suffering (p. 33-35)
DECEMBER	ELEMENTARY	MIDDLE/HIGH SCHOOL
Week 1	Lesson 6 "The Gospel"	Better Together: What is the Gospel? (p. 39-41)
Week 2	Service Project Night - Christmas Project	Service Project Night - Christmas Project
Week 3	Christmas Party	Christmas Party
Week 4	OFF	OFF
JANUARY	ELEMENTARY	MIDDLE/HIGH SCHOOL
Week 1	Lesson 1 "Defined: Who God Says You Are"	Lesson 1 "Defined: Who God Says You Are"
Week 2	Lesson 2 "Defined"	Lesson 2 "Defined"
Week 3	Lesson 3 "Defined"	Lesson 3 "Defined"
Week 4	Lesson 4 "Defined"	Lesson 4 "Defined"

FEBRUARY	ELEMENTARY	MIDDLE/HIGH SCHOOL
Week 1	Lesson 5 "Defined"	Lesson 5 "Defined"
Week 2	Lesson 6 "Defined"	Lesson 6 "Defined"
Week 3	Lesson 7 "Defined"	Lesson 7 "Defined"
Week 4	Lesson 8 "Defined"	Lesson 8 "Defined"
MARCH	ELEMENTARY	MIDDLE/HIGH SCHOOL
Week 1	Service Project Night	Service Project Night
Week 2	Lessons 1-2 "The Character of God: Holy"	Week 1, Lessons 1-3 "The Attributes of God"
Week 3	Lessons 5-6 "The Character of God: Good"	Week 1, Lessons 4-7 "The Attributes of God"
Week 4	Lessons 7-8 "The Character of God: Love"	Week 2, Lessons 1-2 "The Attributes of God"
APRIL	ELEMENTARY	MIDDLE/HIGH SCHOOL
Week 1	Lessons 13-16 "The Character of God: Merciful"	Week 2, Lessons 3-4 "The Attributes of God"
Week 2	Lessons 17-18 "The Character of God: Just"	Week 2, Lessons 5-7 "The Attributes of God"
Week 3	Lessons 29-30 "The Character of God: Jealous"	Week 3, Lessons 1-3 "The Attributes of God"
Week 4	Service Project or Community Builder	Service Project or Community Builder
MAY	ELEMENTARY	MIDDLE/HIGH SCHOOL
Week 1	Lesson 1, "The Quest"	Week 3, Lessons 4-7 "The Attributes of God"
Week 2	Lesson 2, "The Quest"	Week 4, Lessons 1-2 "The Attributes of God"
Week 3	Lesson 3, "The Quest"	Week 4, Lessons 3-4 "The Attributes of God"
	Lesson 4, "The Quest"	Week 4, Lessons 5-7 "The Attributes of God"
JUNE	ELEMENTARY	MIDDLE/HIGH SCHOOL
Week 1	Lesson 5, "The Quest"	Week 5, Lessons 1-2 "The Attributes of God"
Week 2	Lesson 6, "The Quest"	Week 5, Lessons 3-4 "The Attributes of God"
Week 3	Service Project	Week 5, Lessons 5-7 "The Attributes of God"
Week 4	Summer Party!!!	Summer Party!!!!
* JULY	ELEMENTARY	MIDDLE/HIGH SCHOOL
	Don't forget to join us at Power Chicks!	Don't forget to join us at Power Chicks!

RESOURCE LIST

ELEMENTARY

- **UNSEEN: THE ARMOR OF GOD FOR KIDS**
BY PRISCILLA SHIRER
- **THE GOSPEL: GOD'S PLAN FOR KIDS**
BY LIFEWAY KIDS
- **DEFINED: WHO GOD SAYS YOU ARE**
BY STEPHEN KENDRICK & ALEX KENDRICK
- **THE CHARACTER OF GOD FOR KIDS**
BY THE DAILY GRACE CO
AT THEDAILYGRACECO.COM
- **THE ATTRIBUTES OF GOD**
BY KIDS SUNDAY SCHOOL PLACE
AT KIDSSUNDAYSCHOOL.COM
- **THE QUEST FOR KIDS**
BY BETH MOORE

MIDDLE/HIGH SCHOOL

- **ARMOR OF GOD TEEN STUDY BOOK**
BY PRISCILLA SHIRER
- **BETTER TOGETHER**
BY THE DAILY GRACE CO
AT THEDAILYGRACECO.COM
- **DEFINED: TEEN GIRLS' STUDY BOOK**
BY PRISCILLA SHIRER
- **THE ATTRIBUTES OF GOD**
BY THE DAILY GRACE CO
AT THEDAILYGRACECO.COM

MONTHLY GROUPS

IPHC Girls' Ministries | One Year Sample Calendar (August-July)

The retreat-based ministry model is great for churches that cannot commit to weekly meetings, but still want to be intentional about women discipling girls. With this model, your team would connect with children, teens, and/or college students at least once a month, but the primary teaching time would take place during special events 2-3 times a year.

Monthly connections would be group-based where women gather the girls of your church for relationship-building activities and/or service projects. Additionally, the students would be invited to participate in occasional focused times of Bible teaching and discipleship during retreats or special events. (If your church is small, this is a great opportunity to band together with other churches.)

The flexibility of this model provides opportunities to meet with small groups of children or teens who want to grow deeper in their faith and will commit to meeting regularly. The IPHC girls' website is a great tool: iphc.org/girls

AUGUST	Back-to-School Fun Activity
SEPTEMBER	Fall Service Project
OCTOBER	Fall Discipleship Retreat
NOVEMBER	Thanksgiving or Christmas Service Project
DECEMBER	Christmas Party
JANUARY	Fun Activity
FEBRUARY	Winter Service project
MARCH	Spring Discipleship Retreat
APRIL	Fun Activity
MAY	Spring Service Project
SUMMER	Incorporate two events into your calendar. (Have your student leaders help you plan these!) Don't forget Power Chicks!

QUARTERLY GROUPS

IPHC Girls' Ministries | One Year Sample Calendar (August-July)

The retreat-based ministry model is great for churches that cannot commit to weekly or monthly meetings, but still want to be intentional about women discipling girls and men discipling boys. With this model, your team would connect with children, teens, and/or college students each quarter.

These quarterly connections would be event/retreat driven where men gather the boys and the women gather the girls of your church for community-building activities.

Students would be invited to participate in focused times of Bible teaching and discipleship during weekend retreats or special evening events. (If your church is small, this is a great opportunity to band together with other churches.)

The flexibility of this model provides opportunities to connect with larger groups of children or teens who want to grow deeper in their faith and community.

1ST QUARTER	Back to School Bonfire
2ND QUARTER	Fall Discipleship Weekend Retreat
3RD QUARTER	Glow in the Dark Event
4TH QUARTER	Pancakes and Pajamas Party

EVENT IDEAS

IPHC Girls' Ministries | E=Elementary; M=Middle School; H=High School

COMMUNITY BUILDER IDEAS	SERVICE PROJECT IDEAS
Board Game Night (E/M/H)	Environmental Project (Stewardship) - (E/M/H)
Arts & Crafts Night (E)	Missions Night to Support Missionary (Country-Themed Night) with Dinner, etc. (E/M/H)
Sports Game Night (E/M/H)	Christmas Caroling with afterparty (Hot Chocolate, Cookie Decorating) (E/M/H)
Kite Day (E)	Community-Wide Blood Drive (H)
Cook-Off/Bake-Off (E/M/H)	Missions Trip (M/H)
Summer Outings: Zoo, Waterpark, etc. (E/M/H)	Family Missions Trip (E/M/H)
Movie Party (E/M/H)	Interactive Missions Fair (E/M/H)
Silly Talent Contest / Karaoke Contest (E/M/H)	Church Workday (E/M/H)
Pirate Night with Scavenger Hunt (E)	Parents Night Out (H)
Scavenger Hunt (E/M/H)	Wrap Christmas Gifts (H)
Glow in the Dark Event (E/M/H)	Backpack & School Supply Fundraiser (E/M/H)
Family Olympics (E)	Chore Day for Elderly (M/H)
Bonfire (E/M/H)	Pack Meals (Feed My Starving Children) or (Meals of Hope) (M/H)
Family Bingo Night (E)	Adopt a Homeless Shelter (E/M/H)
Pancakes & Pajama Party (with games) (E/M/H)	Host a Sole Hope Shoe-Making Party (M/H)
Laser Tag (E/M/H)	Write Letters to Seniors in Care Facilities (E/M/H)
Mystery Party (M/H)	Fill Up Baby Bottle with Coins to donate to Baby Hope Club (E/M/H)
Capture the Flag (E/M/H)	Host a Pampering Night for Moms (E/M/H)

BONUS RESOURCES

IPHC Girls' Ministries

ELEMENTARY	MIDDLE/HIGH SCHOOL
<u>Rooted Kids' Curriculum</u> by IPHC Kids	<u>Ephesians</u> by Tony Merida
<u>Wonder Inc Curriculum</u> by David C. Cook	<u>Seen Curriculum</u> by David C. Cook
<u>Defined: Who God Says You Are</u> by Stephen Kendrick & Alex Kendrick	<u>Better Than Life</u> by Caroline Saunders
<u>The Character of God</u> by The Daily Grace Co.	<u>The Quest: Study Journal for Teen Girls</u> by Beth Moore
<u>Unseen: The Armor of God Kids' Bible Study</u> by Priscilla Shirer	<u>Jude: Teen Girls' Bible Study</u> by Jackie Hill Perry
<u>The Jesus Storybook Bible Curriculum</u> by Sally Lloyd Jones	<u>Matchless: Teen Girls' Bible Study</u> by Angie Smith
<u>Early Childhood</u> by Foundation Worldview	<u>Lies Young Women Believe</u> by Nancy DeMoss Wolgemuth
<u>Comparative Worldview Curriculum</u> by Foundation Worldview	<u>The Armor of God Teen Study Book</u> by Priscilla Shirer
<u>The Gospel: God's Plan for Kids</u> by LifeWay Kids	<u>Better Together</u> by The Daily Grace Co
<u>The Quest for Kids</u> by Beth Moore	<u>Defined: Teen Girls' Study Book</u> by Priscilla Shirer
<u>Wise Up: Proverbs for the Classroom</u> by Marty Machowski	<u>The Attributes of God</u> by The Daily Grace Co
<u>Bible Studies for Life</u> by LifeWay	<u>We Saved You a Seat for Teens</u> by Lisa-Jo Baker
<u>Deep Roots</u> a New Apologetics and Worldview Bible Curriculum	<u>City of Lions: Daniel Study for Teen Girls</u> by Amy Byrd
<u>Pray for Me (Prayer & Mentoring Program)</u>	<u>All Things New</u> by Kelly Minter
<u>God and Me! Devotional Books for Girls</u> by Diane Cory	<u>Faithful One</u> by Amy-Jo Girardier
<u>I am Yours</u> by Wynter Pitts	<u>Essential Guide to Becoming a Disciple</u> by Greg Ogden
<u>It's Great to Be A Girl</u> by Dannah Gresh and Suzy Weibel	<u>Discipleship Essentials</u> by Greg Ogden
<u>Lies Girls Believe & The Truth That Sets Them Free</u> by Dannah Gresh	<u>Get Your Story Straight</u> by Kristen Hatton
<u>It's Great to Be a Girl</u> by Dannah Gresh	<u>Radically Different</u> by Champ Thornton
<u>You're God's Girl</u> by Wynter Pitts	<u>Apologetics for Tweens</u> by Thomas Griffin
<u>You Are Beautiful and Courageous: A Devotional Journal for Girls</u>	<u>Journey: Advocates</u> by Awana YM
<u>The Biggest Story Bible Storybook</u>	<u>Various Bible Studies</u> by The Bible Project
<u>The Story of the Bible from A-Z</u> by The Daily Grace Co.	<u>Pray for Me (Prayer & Mentoring Program)</u>
<u>My Scripture Workbook</u> by The Daily Grace Co.	<u>Various Bible Studies</u> by Leader Treks Youth Ministry